



Nightmare Time: 10 Questions

1. So tell me what happened?
2. Where did this happen?
3. When did it happen?
4. How were you feeling before this nightmare?
5. What had you just done before this?
6. So what were you actually doing when this happened?
7. How did you feel when this nightmare happened?
8. What was your reaction to this nightmare?
9. Did you get upset?
10. Were you alone or with someone?

1. so TELL me / WHA' HAppened?
2. WHERE di' this HAppen?
3. WHEN di' this HAppen?
4. HOW were y' FEELin' b'FORE this NIGH'mare?
5. WHA' had y' JUS' DONE b'FORE THIS?
6. so WHA' were y' ACtu'lly DOin' when this HAppened?
7. HOW dija FEEL when this NIGH'mare HAppened?
8. WHAT w'z y' reAction t' this NIGH'mar?
9. dija GE' tupSET?
10. were youwa 'LONE or WITH SOMEone?